

COUNTRY PUB & DINING

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ALLERGEN & INTOLERANCES INFORMATION

Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen free. Please always inform waiting staff of an allergy before ordering so we can take extra care preparing your dish. Should you have specific dietary requirements please ask the restaurant manager for details before you order. The following pages highlight the known allergen ingredients within our dishes. Please use the following key for identifying the cereals that are within each dish;

W = Wheat

R = Rye

WW = Whole Wheat

WG = Whole Grain

B = Barley

S = Spelt

O = Oats

G = gluten

DISHES					Do.	Lupin Flour	Milk		MUSTARD			SSEAM!		WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Soup	MAY CONTAIN	S,W,B, may contain oats & rye	MAY CONTAIN	X	MAY CONTAIN									
Cheese & bacon potato skins							X		X					x
Goats cheese & red onion potato skins							X		X					х
Chicken liver pate		S,W, may contain barley, oats & rye		Х			Х		Х			MAY CONTAIN	×	Х
Belly pork bites									X			×		x
Garlic mushrooms		W,B,R,G					X					MAY CONTAIN		Х
Scotch Egg		S,W,B,R,O, G		Х			х						х	х
Baked camembert		W, B					Х			MAY CONTAIN		MAY CONTAIN		Х
Nachos							Х							
Prawn cocktail	Х	S,W,B, may contain oats & rye		Х			Х	Х					Х	

DISHES						.upin Flour	Milk		MUSTARD			SSAM OL		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Garlic ciabatta		R,B,W					x					MAY CONTAIN		
Garlic cheesy ciabatta		R,B,W					x					MAY CONTAIN		
Salt & pepper squid	Х	W,G	Х	Х	MAY CONTAIN		MAY CONTAIN	х	MAY CONTAIN				х	
Halloumi Fries		W,G					X			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN
Tempura vegetables		W,G		Х										
Breaded king orawns		W,G	Х	Х	MAY CONTAIN			MAY CONTAIN					х	
Caesar salad		S,W,B may contain traces of rye & oats		Х	Х		х		×			MAY CONTAIN	x	
Chicken Caesar salad		S,W,B may contain traces of rye & oats		Х	Х		х		x			MAY CONTAIN	x	
Crispy Thai beef salad											MAY CONTAIN	x		х

DISHES						Lupin Flour	Milk		MUSTARD			SIAM		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Warm goats cheese salad							X		X					x
Baked teriyaki salmon salad									Х			Х		х
Scampi		W,G	х		MAY CONTAIN			MAY CONTAIN	Х					Х
Steak & ale pie		W,B,S,G		Х			X		X				Х	x
Beer battered cod		W,G	MAY CONTAIN		Х			MAY CONTAIN					Х	Х
Hunters chicken							X		X					x
Steak & kidney pudding	Х	S,W,G,B											Х	
Lambs liver		S,W,G,B					Х						Х	
Poached salmon & watercress sauce					Х		Х							

DISHES					D.	Lupin Flour	Milk		MUSTARD			SIEAMI		Geer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken with stilton sauce							X							x
Braised lamb shank	Х						X							Х
Thai red chicken curry	MAY CONTAIN	MAY CONTAIN W	х	Х	MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	
Thai red King prawn curry	MAY CONTAIN	MAY CONTAIN W	x	Х	MAY CONTAIN		MAY CONTAIN	MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	
Katsu curry		W,G,B,R	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN	Х			MAY CONTAIN	X	х
Cajun chicken kebabs		W,G							X					х
Fried seabass					х		Х							Х
Slow cooked BBQ ribs	х	W,G	MAY CONTAIN				MAY CONTAIN		х				х	MAY CONTAIN
Chicken fajitas		W,G					Х							
Halloumi Fajitas		W,G					Х							

DISHES					D.	.upin Flour	Milk		MUSTARD			SILAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
10oz rump steak		W.G		Х			X							
10oz sirloin steak		W,G		Х			Х							
Falafel & goats cheese burger		S,W,G TRACES OF B & O		Х			Х					MAY CONTAIN	Х	Х
Steak burger		S,W,G MAY CONTAIN B,O		Х			Х		х			MAY CONTAIN	Х	
Cajun chicken burger		S,W,G MAY CONTAIN B,O					х							
Gammon Steak with egg				Х										
Gammon steak with pineapple														
Gammon steak with both				Х										
Peppercorn sauce	Х	W,B,G		Х			Х		Х	MAY CONTAIN		MAY CONTAIN		
Diane Sauce		W,B,G		Х			Х		Х	MAY CONTAIN		MAY CONTAIN		
Mushroom & blue cheese topper							Х							

DISHES						Lupin Flour	Milk		MUSTARD			SISAMI		WINE Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna mayonnaise baguette		W,G		Х	Х		X		X	MAY CONTAIN		MAY CONTAIN		х
Classic B.L.T		R,B,W,G		Х			Х		х	MAY CONTAIN		MAY CONTAIN	х	Х
Steak & onion ciabatta		R,B,W,G		Х			Х		х	MAY CONTAIN		MAY CONTAIN		Х
Cajun chicken ciabatta	Х	R,B,W,G					Х		х	MAY CONTAIN		MAY CONTAIN		Х
Caramelised sausage baguette		W,G					Х		х	MAY CONTAIN		MAY CONTAIN		Х
Cheddar cheese baguette		W,G					Х		х	MAY CONTAIN		MAY CONTAIN		Х
Pawn Jacket potato			x	X	MAY CONTAIN		Х		x					Х
Chilli jacket potato							Х		x					Х

DISHES						Lupin	Milk		MUSTARD			SISAMI D.		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna Jacket potato				Х	Х		X		Х					Х
Cheese jacket potato							X		X					Х
Roast beef & Yorkshire pudding	Х	S,W,O,B,G		Х			X						Х	
Roast turkey dinner		S,W,O,B,G		X			X						Х	
Roast beef baguette		S,W,O,B,G											Х	
Roast chicken baguette		S,W,O,B,G					х						Х	

DISHES						upin Flour	Milk		MUSTARD			SHAM!		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hand cut chips														
Garlic bread		W,B,R					Х					MAY CONTAIN		
Garlic bread & cheese		W,B,R					Х					MAY CONTAIN		
Beer battered onion rings		W,G			MAY CONTAIN									Х
Garden Salad with house dressing									Х					х
Skinny fries														
Crusty baguette with butter		W,S,B MAY CONTAIN O & R					Х			MAY CONTAIN		MAY CONTAIN	х	х
Sweet potato fries														
Cheesy chips or fries							Х							

DISHES					D.	Jupin Flour	Milk		MUSTARD			SSEAM!		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish and chips		W,G			X									
Chicken nuggets		W,G												
Macaroni cheese		W,B,R,G					Х		Х	MAY CONTAIN		MAY CONTAIN		
Sausage and mash		W,G,B					Х						Х	Х
Buttermilk chicken burger		S,W,G MAY CONTAIN B,O					Х							
4oz cheese burger		S,W,G MAY CONTAIN B,O		Х			Х							
Spaghetti bolognese	X	W,B,R,G								MAY CONTAIN	MAY CONTAIN	MAY CONTAIN		
Scampi & chips		W,G	x						х					Х
Cookie dough crunch pie		W,G		Х			Х			MAY CONTAIN			Х	
Chocolate fudge & vanilla ice cream		W,G		Х			Х			MAY CONTAIN	MAY CONTAIN		Х	
Jam roly poly		W,G		Х			Х			MAY CONTAIN	MAY CONTAIN			

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Raspberry ripple sponge roll		W,G		Х			Х						х	
Two scoop ice cream						S	EE ICE CRE	AM PAGE						
GARDEN SALAD									х					X
KIDS ICE CREAM FLAKES							Х							Х
HOUSE DRESSING									Х					Х
VEGETABLES	MAY CONTAIN	MAY CONTAIN W,G,B,O,R, WW,WG					х		Х	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN	MAY CONTAIN

DISHES					Do.	Jupin Flour	Milk		MUSTARD			SSEAME		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese cake		W		х			Х			MAY CONTAIN				Х
Belgium waffle		W,G		Х			Х			MAY CONTAIN			Х	
Bread & butter pudding		W		Х			Х			MAY CONTAIN		May contain & Poppy seed	Х	
Spotted Dick & custard		W		Х			Х			MAY CONTAIN		May contain & Poppy seed		
Sticky toffee pudding		W		Х			Х			MAY CONTAIN				
White chocolate Eaton mess		MAY CONTAIN		Х			Х			MAY CONTAIN	MAY CONTAIN		Х	
Old Swan Sundae							Х			MAY CONTAIN				
Warm chocolate fudge		W		Х			Х			MAY CONTAIN			Х	Х
Chocolate brownie Sundae		W		Х			Х			MAY CONTAIN	MAY CONTAIN		Х	
Selection of cheese							Х			MAY CONTAIN		MAY CONTAIN		х
CHOCOLATE BROWNIE		W		Х			Х			MAY CONTAIN			Х	

ALL OUR DESSERTS ARE PREPARED/MADE IN A KITCHEN THAT CONTAINS NUTS, ALL OUR DESSERTS MAY CONTAIN NUTS

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla ice cream							Х							
Strawberry ice cream							Х							
Blackcurrant & liquorice ice cream							Х							
Honey combe ice cream							Х							
Rum & raisin ice cream							Х							
Mint & choc ice cream							Х							
Ginger & lime ice cream							Х							
Chocolate ice cream							Х						Х	

Reviewed Date: 05/01/23

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